



# CANADIAN COLLEGE OF TRADITIONAL CHINESE MEDICINE

## Student Supports

We are delighted that you have made the choice to come and study with us and understand that moving to a new country to commence your studies can be both an exciting and challenging experience. To assist you as much as possible with settling into the CCTCM community, we will guide you through your journey as a learner at CCTCM.

### 1. Before Arrival

#### 1.1. Application

In general, you will need to apply before February 1, if you want to start school in September. Depending on the country in which you live, the admission process can take anywhere from three to nine months, so it's a good idea to get an application in early.

#### 1.2. Study Permit

In most cases, you will need to apply for a study permit before you come to Canada. You cannot come to Canada as a visitor and then attend college in Ontario. If you plan to attend college in Ontario, you should make the arrangements before you leave your home country.

Guidance on applying for study permit can be found at

<https://www.canada.ca/en/immigration-refugees-citizenship/services/study-canada.html>

#### 1.3. Cost of Living

Here are some typical costs (in Canadian dollars) for items and services in Canada to help you budget for your new life as an international student. These amounts are estimates only. Please ensure you bring enough funds to support you through your first year in Canada.

Item	Monthly Cost	Yearly Cost	Description
Housing/Rent	\$750+	\$9,000+	Private room with shared bathroom and kitchen: \$700+ monthly. Payments for heating, air-conditioning, water and electricity) as well as Wi-Fi may be additional to the rent you pay, so please ask your landlord before you sign papers. Please note that most landlords require you pay your first and last month's rent upfront when you sign your lease.



# CANADIAN COLLEGE OF TRADITIONAL CHINESE MEDICINE

Food	\$250+	\$3,000+	Food costs vary depending on where you buy your groceries, and how often you eat out.
Public Transit	\$120+	\$1,440+	Mississauga Public Transit: MiWay Cash single fare: \$4
Academic Materials	\$100+	\$1,200+	
Miscellaneous	\$150+	\$1,800+	

## 2. Upon Arrival

### 2.1. Arriving at the Airport/Port of Entry

When you arrive at the airport or port of entry you should be ready to present the following documents:

- Your original letter of acceptance
- A valid passport
- Temporary Resident Visa (TRV)
- According to Canada Border Services Agency (CBSA), you may need Electronic Travel Authorization (eTA)
- The letter of introduction given to you by the Canadian Embassy, High Commission or Consulate
- Document showing financial support
- Citizens or residents of the United States, Greenland, and St. Pierre et Miquelon can apply for their study permit at the port of entry with all of the appropriate documents
- Any other documents recommended by the visa office where you applied
- When handed your study permit, check that your personal information as well as the expiry date are correct.

### 2.2. Canada Customs

When you enter Canada, you can bring a reasonable amount of clothing, books and other personal items. You don't have to leave everything at home, but if you're bringing more than \$10,000 CAD into the country, you must report the money. For more information, please go to [Canada Border Services Agency](#).



## CANADIAN COLLEGE OF TRADITIONAL CHINESE MEDICINE

### 2.3. Transportation

If you are not being met at the airport by anyone, the best way to get to your destination from the airport is by taxi. All taxis at the airport are fully licensed, meet all safety standards and charge a pre-approved flat rate into the city. If you want to calculate the cost of your ride, please go to [Toronto Pearson Taxis & Limousines](#). Note: fares are subject to change.

### 2.4. Accommodations

Unfortunately, we do not provide temporary on-campus accommodation, so you will have to make sure you've arranged to have a place to stay before you arrive.

There are many useful websites to help you find off-campus accommodation:

[www.places4students.com](http://www.places4students.com)

[www.rentboard.ca](http://www.rentboard.ca)

[www.mississaugastudentrentals.com](http://www.mississaugastudentrentals.com)

[www.homestayconnection.ca](http://www.homestayconnection.ca)

Please note that the International Centre is not responsible for the information provided by these renting websites. The prices and conditions are not part of CCTCM's tuition and should be negotiated directly by the student with the housing provider.

### **3. After Arrival**

CCTCM has an International Office where staff can answer your questions and help you with:

- Registration and set up your student account
- Health Insurance
- College tours
- Banking
- Telephone Service
- Finding your way around the community

Location:

CCTCM International Student Office

Pierre Chen

1048 Matheson Blvd E, Mississauga, ON, L4W 2V2

Phone: 905-606-0062

Email: [info@cctcm.ca](mailto:info@cctcm.ca)



## CANADIAN COLLEGE OF TRADITIONAL CHINESE MEDICINE

### 3.1. Registration

Upon registration at our office, you will be provided with a student number, a student card, a student email account (name@cctcm.ca), and a MyCCTCM account on [www.cctcm.ca](http://www.cctcm.ca).

CCTCM will not retain or withhold an international student's passport, study permit, or similar document under any circumstances.

### 3.2. Health Insurance

You are not insured for medical, hospital or dental care by the Canadian government. However, CCTCM has a health plan for paid international students. You will be covered under the health insurance plan from the first day of classes once confirmation is received that your full-time tuition fees have been paid.

Health insurance is mandatory for International Students at our college, and is a basic package that is subject to change on an annual basis. The cost of this insurance is covered through your student insurance fee, which is not included in the tuition fees. It is important to emphasize that not all conditions are covered.

Your health insurance plan includes services such as hospital and doctor services in Ontario, diagnostic laboratory and x-ray services, eye examinations, emergency services, and medically necessary dental care in hospital. The plan provides for doctor's services, and hospital ward accommodation.

The plan also includes prescribed drugs, paramedical services (physiotherapist, psychologist, and much more), and emergency Out-of-Province/Country coverage (limited).

International students are strongly urged to review this coverage information and purchase additional insurance coverage as appropriate. The basic health insurance coverage is for international students only. It does not include or cover spouses or children. If you have a spouse and/or dependents, you may wish to pay a supplemental fee in order to cover them. Payment for adding family members must be made within the first 30 days of when you are added to the plan. You can email our International Student Advisor before you arrive at CCTCM for a quote on the cost for a supplemental plan.

### 3.3. Setting up a Bank Account

If you have brought cash with you then one of your first priorities will be to set up a student bank account. The primary banks or trust companies are:

TD Canada Trust: [www.tdcanadatrust.com](http://www.tdcanadatrust.com)



## CANADIAN COLLEGE OF TRADITIONAL CHINESE MEDICINE

CIBC: [www.cibc.com](http://www.cibc.com)

Scotia Bank: [www.scotiabank.com](http://www.scotiabank.com)

BMO Bank of Montreal: [www.bmo.com](http://www.bmo.com)

RBC Royal Bank: [www.rbcroyalbank.com](http://www.rbcroyalbank.com)

To open an account, you will need to take your passport, study permit, proof that you are studying (e.g. Letter of acceptance or timetable) and the funds you wish to deposit. In Canada, most people use debit/atm cards rather than carry a lot of cash, you should therefore ask for a debit card when you set up your account. If you would like assistance opening a Canadian bank account come speak with a student advisor at our International office.

### 3.4. Telephone Service

Most students arrange for a cell phone rather than land-based telephones. There are many service providers such as: [Bell Mobility](#), [Rogers](#), [AT&T](#), [Fido](#), as well as others. Before choosing a service you should thoroughly compare what each company offers and then sign with the one that best suits your needs.

If you're interested in a land-based phone there are two major providers: [Bell Canada](#) and [Rogers](#). For more information, please visit their websites.

### 3.5. Our Community

The City of Mississauga has many offerings to welcome and help international students settle into their new city. Our Libraries are great places to learn and connect with other international newcomers. Our Recreation facilities offer lots of great programs and our Active Assist program will help you enjoy them at no cost.

Mississauga also has a great transit system – MiWay no matter where you are, you will have no trouble getting to work, home, school or wherever you need to be.

Please visit following websites for more information:

City of Mississauga: <https://www.mississauga.ca/>

Libraries: <http://www.mississauga.ca/portal/residents/library>

Recreation: <http://www.mississauga.ca/portal/residents/recreationandparks>

MiWay: <http://www.mississauga.ca/portal/miway>



## CANADIAN COLLEGE OF TRADITIONAL CHINESE MEDICINE

### 4. About Passport & Study Permit

A passport & Study Permit are your most important document when you study in Canada. **Please note CCTCM will not retain or withhold your passport, Study Permit, or similar document.**

#### 4.1. Extending your passport

It is your responsibility to extend your passport before it expires and to contact your country's embassy or consulate in Canada for instructions on how to obtain a new passport.

#### Foreign Representatives in Canada

#### 4.2. After you receive your new passport

Make a copy of your new passport bio-data page and store the original passport in a safe place.

- 4.2.1. Apply for extension of your study permit
- 4.2.2. Apply for a new Temporary Resident Visa (if you are from a visa-required country) or a new Electronic Travel Authorization (if you are from a visa-exempt country)
- 4.2.3. Apply for extension of your spouse's or partner's immigration documents (work permit or visitor record), if applicable
- 4.2.4. Apply for extension of your children's immigration documents (study permit or visitor record), if applicable
- 4.2.5. Apply for extension of your Social Insurance Number (if applicable)

#### 4.3. If your passport has been lost or stolen

If your passport has been lost or stolen, follow the steps below. If you need further assistance, contact CCTCM to speak with one of our International Officers.

- 4.3.1. Make a report with the Mississauga Police or, if you believe your passport was lost or stolen outside of Mississauga, but inside Canada, contact the Royal Canadian Mounted Police.
- 4.3.2. Contact your country's nearest Embassy or Consulate for instructions on how to obtain a new passport.

\* If your study permit has also been lost or stolen, you must apply to replace it.